

SASS Reference Group – Nirimba

EDUCATIONAL SERVICES MACQUARIE PARK

PRESENTS

The Reality

As an Accidental Counsellor you are not a qualified *Counsellor* and you don't do therapy. However, regardless of title or qualification you are an Accidental Counsellor.

Accidental Counsellors are people who find they are placed in a counseling/mentoring role by accident, as a result of requests for help from friends, colleagues, clients or others.

The Challenge

You want to help, but are unsure how to respond appropriately and may be confronted with a whole range of difficult dilemmas.

- WHAT DO I SAY?
- AM I HELPING?
- AM I DOING THIS RIGHT?

The Accidental Counsellor Training gives participants a practical framework for managing these issues. As a result you experience structure and confidence in your work.

Module 1: Know the three Accidental Counsellor components that increase wellness, connection and influential communication

Module 2: Apply The Psychology of Influence strategies to help people create transformational change in their lives.

Module 3: Create wellness habits to help you establish boundaries that make you more effective in your role.

Module 4: Identify and implement the four essential communication aspects

Module 5: How to establish the purpose of the interview to move the client toward future possibilities

Module 6: How to move the client toward solutions with the miracle question

Module 7: How to identify existing strengths with the exception question

Module 8: How to identify the next step and make quick assessments with the scaling question

At the end of Accidental Counsellor Training you will leave feeling confident in how to intervene influentially, to facilitate change, not only with the people you work with, but also yourself and those you love.

WHEN: Tuesday 13 October 2015

VENUE: Hospitality Trade Training Centre, Lennox Street Richmond

COST: \$110

ENROL: My PL@Edu – Event ID: 111547 via our website: www.srgnirimba.schools.nsw.edu.au

EMPOWERING YOU TO CHANGE LIVES

THE ACCIDENTAL COUNSELLOR TRAINING

For School Staff Not Trained As Counsellors
But Often Find Themselves in Counselling
Situations By Accident.

"WHAT DO YOU SAY WHEN YOUR STUDENT IS CRYING BECAUSE THEIR PARENTS ARE SEPARATING?"

That is what a teacher asked me at a recent Accidental Counsellor Training.